



# The 24 Day CHALLENGE

LEAN OUT AND TONE UP

## BE A SUCCESS STORY!



Your 24 Day Program



- Initial Nutrition Consultation
- Before and after body composition assessments
  - 24 Day meal plan
  - Complete supplement packs
- Ongoing support for 24 days of getting **LEAN and FIT!!!**



### Days 1-10: Cleanse Pack

**Herbal Cleanse:** Internal cleansing and increased nutrient absorption

**OmegaPlex:** Essential fatty acids for increased overall wellness

**Spark:** sugar-free energy with mental focus and clarity



### Days 11-24: MAX Pack

**MNS Max 3:** Our top selling nutritional that does it all.

Each strip pack includes probiotics, appetite control, energy, core nutrition, omega 3's, and more

**Spark:** sugar-free energy with mental focus and clarity

**Meal Replacement Shakes:** Protein to nourish muscle and support nutrition



## \$300 Value!

## Register today, JUST \$200

