

Indoor Cycling Schedule

Winter 2010



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Hardcore Cycling Level 2-3 6:00-6:45 am Julie V.		Hardcore Cycling Level 2-3 6:00-6:45 am Julie V.		Hardcore Cycling Level 2-3 8:00-9:00 am Julie V.	
	Cycling by Season 9:30-10:15 am Terry F.		Cycling by Season 9:30-10:15 am Terry F.			
Indoor Cycling 5:45-6:30pm Debbie A.	Indoor Cycling 5:45-6:45pm Debbie A.	Indoor Cycling 5:45-6:30pm Debbie A.	Indoor Cycling 5:45-6:45pm Debbie A.			